

School Based Youth Health Nursing Service

IDAHOBIT 2025



Celebrate International Day Against Homophobia, Biphobia, Interphobia or Intersexism and Transphobia 17th May 2025

International Day against Homophobia, Biphobia, Intersexism and Transphobia (IDAHOBIT) is held annually on the May 17. IDAHOBIT was started on May 17th 1990 when the World Health Organisation removed homosexuality from the Classification of Diseases and Related Health Problems.

Why is IDAHOBIT still important today?

68%

of LGBTQIA+ employees in Australia are not out to everyone at work. [Out at Work, 2018].

2 in 3

LGBTQIA+ youth experience abuse due to their identity.

35%

of LGBTQIA+ Australians have experienced verbal abuse in the past 12 months.

What is an ally and can you be one?

An ally is someone who takes action to support and advocate for the equal treatment of a community other than their own - especially when it's challenging or uncomfortable to do so.

If you don't experience LGBTQIA+ discrimination yourself, then you're in a unique and powerful position to use your voice to create a safe and inclusive environment for others who do.

Build inclusion in your everyday life, and advocate for others to do the same by following the tips below.

**I Stand
Against
LGBTQIA+
Discrimination.**

MAY 17

International Day Against
LGBTQIA+ Discrimination

IDAHOBIT



**Queensland
Government**



Tips to be an LGBTQIA+ Ally?

Learn about LGBTQIA+ identities. How?

- Be an active listener
- Engage in and follow LGBTQIA+ media
- Attend inclusion training

Model Inclusive language. How?

- Try and use correct peoples pronouns
- Respect peoples privacy
- Avoid making assumptions

Be Visible. How?

- Display LGBTQIA+ symbols such as the Rainbow Flag to help create a safe and inclusive space
- Share your pronouns

Use your Voice. How?

- Speak up if you see or hear discrimination against LGBTQIA+ people



School Based Youth Health Nurses are LGBTQIA+ Allies!

As school nurses, we are aware that LGBTQIA+ people can struggle to access healthcare and other services – therefore it is important to create spaces where young people feel safe and understood.

In healthcare, we know that health issues and outcomes for LGBTQIA+ of young people can be dramatically different than those around them.

School-Based Youth Health Nurses are in schools to help young people access support and to provide assistance with navigating the healthcare system, including referrals to specialised support groups and resources.

We operate in a safe, understanding, and confidential space.

If you know a young person who identifies LGBTQIA+ and is seeking support - a few options are:

- Open Doors [Home - Open Doors Youth Service](#)
- Minus 18 [Home | Minus18](#)
- The School Based Youth Health Nurse at your high school [School based youth health nurses | Children's Health Queensland](#)

Further resources for parents:

- [Look: What to do if you think your child might be LGBTQIA+ | Minus18](#)
- [Listen: What to do when your child comes out | Minus18](#)
- [Learn: How to educate when your child is LGBTQIA+ | Minus18](#)